It's a frightening thought for parents knowing that there are people out there who may want to harm their children.

The truth is that while the world may seem like a scary place, there are many actions parents can take to equip their children with the knowledge and tactics necessary to react and protect themselves in dangerous situations.

**INSTILL CONFIDENCE, NOT FEAR.**

**WHO IS A STRANGER?** Anyone that your family doesn't know well!

**NOT ALL STRANGERS ARE BAD!** There are dangerous strangers and safe strangers.

**Who Are Safe Strangers?**
A safe stranger is a person your child can trust if they require help!

Safe strangers include:
- Police Officers
- Fire Fighters
- Their teachers
- Their principals
- Their librarians

**MISCONCEPTION!**
It is very common for children to think that strangers look "scary". This is not true!

Make sure your children understand that appearances don't help to decipher bad strangers from good strangers.

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**12 STEPS FOR PARENTS**

1. Explain to your children that no one is able to know whether strangers are dangerous or not just by appearances.
2. Be careful not to make it seem as though all strangers are bad people.
   This becomes particularly important when your children require help! If a child gets lost or are being followed, often times the safest action to take is to ask a stranger for help.
3. When you are out and about in your neighbourhood, make an effort to point out safe strangers so your children can begin to recognize them should they ever need help.
4. Point out the places your children can go if they find themselves in a dangerous situation. Some examples of safe places include local stores, restaurants and neighbours.
5. Teach your children the warning signs of distrustful behaviour.
   **Warning signs include:**
   - When an adult asks a child to disobey their parents
   - When an adult asks a child to do something without permission
   - When an adult asks a child to keep a secret
   - When an adult approaches a child for help
   - When an adult makes a child feel uncomfortable in any way
6. Encourage your children to trust their instincts!
7. Have your children use the "No, Go, Yell, Tell" method if confronted by suspicious strangers.
   **NO** Teach your child to say "NO!"
   **GO** Teach your child to run away!
   **YELL** Make sure your child knows to yell as loud as possible to draw attention to the situation.
   **TELL** Make sure your child knows to tell a trusted adult what happened as soon as possible!
8. Role play. Reenact dangerous situations and have your children practice the "No, Go, Yell, Tell" method. Be sure to practice both indoors and outdoors! This will help them to build confidence in handling these situations.
9. Make it a rule that your children must check in with you before going anywhere. Ensure they have your home, work and cell phone number.
10. Urge your children to play with others in a group setting. There is safety in numbers!
11. Avoid dressing your children in apparel that have their names prominently displayed.
12. Establish a code word that only you and your children know! Teach your children to always ask a stranger to provide the code word should they ever be approached.

For additional safety products and services, visit us online at www.kiddieproofer.com or call us at 1-800-601-KIDS (56437)

Source(s): National Crime Prevention Council