



Many accidental poison exposures are the result of plant ingestion. Being aware of the poisonous plants in and around your home is the first step in prevention. If you have a plant growing around your home that you are unsure of, take a sample to your local plant nursery to have it properly identified.

TOP 10 POISONOUS CANADIAN HOUSE PLANTS



ARROWHEAD PLANT Ingestion can result in skin irritation, upset stomach and vomiting.



CALLA LILY All parts of the plant are poisonous. If ingested can can cause skin irritation, upset stomach, vomiting, headache, and blurred vision.



DAFFODILS While the bulb is most poisonous, ingestion of any part can cause nausea, vomiting, dizziness and diarrhea.



DEVIL'S IVY Ingestion can result in burning of the mouth, skin irritation, swelling of the lips, tongue and throat, vomiting and diarrhea.



DUMB CANE Ingestion can cause extreme pain in the mouth, salivation, burning sensation, swelling and numbness of the throat.



PHILODENDRON Ingestion can cause skin irritation and swlling of the mouth and digestive tract.



HOLLY When its berries are ingested, it can result in nausea, vomiting and diarrhea. Consuming high quantities of berries can result in coma and death.



POINSETTIAS Contact with the milky sap can cause skin irritation and ingestion of the leaves can cause neasuea and vomiting.



HYDRANGEAS

Ingesting the flowers can cause stomach upset, skin irritation, vomiting, weakness, and sweating. In extreme cases, coma and consulsions may occur.



PEACE LILY

Ingestion can cause burning and swelling of the lips, mouth and tongue, difficulty speaking or swallowing, nausea, vomiting and diarrhea.

The amount of poison in a plant varies with the location, age of the plant, season and weather conditions.

In addition to toxic plants, be aware that plats treated with pesticides, herbicides and insecticides are toxic.

ADDITIONAL POISONOUS PLANTS

IN THE GARDEN

- Azalea
- Bleeding Heart
- Calla Lily
- Carnation
- Castor-oil Plant
- Chinese or Japanese Lantern
- Chrysanthemum
- CLematis
- Crocus
- Daffodil
- Delphineum
- Foxglove
- Gladiola

- Hyacinthe
- Iris
- Jonguil
- Lily of the Valley - Morning Glory
- Narcissus
- Oleander
- Pansy (seeds)
- Peony (root)
- Primrose
- Sweet Pea
- Sweet William

IN THE HOME

- Asparagus Fern
- Avocado
- Blue Gum
- Buddist Pine
- Cacti
- Caladium
- Century Plant
- Crown of Thorns

WILD MUSHROOMS

- All unidentified wild mushrooms should be considered toxic until identified by a mycologist

VEGETABLES

- Potato (green patches on tubers and above ground

parts)

- Rhubarb leaves
- -Tomato greens

- **HEDGES AND BUSHES**
 - Black Locust
 - Cherry Laurel
 - Daphne
 - Elderberry
 - Horse Chestnut
 - Hydrangea
 - Laburnum
 - Privet
 - Virginia Creeper





Call your local poison control centre immediately.

If your child requires a visit to the hospital, take along a sample of what they ingested if possible.

HOW TO AVOID PLANT POISONING

- Become familiar with the dangerous plants in your area, yard and home. You should know them by sight and name.

- Do not eat wild plants and mushrooms.
- Keep plants, seeds, fruits, and bubls away from children and pets.

- Teach your children at an early age about the dangers of poisonous plants and to keep unknown plant parts out of their mouths.

- Teach your children to recognize poison ivy.
- Know the plant before eatings its fruit.

- Do not rely on pets, birds or squrrels to indiciate nonpoisonous plants.
- Avoid the smoke from burning plants.
- Be aware that heating and cooking do not always destroy toxic substances.
- Label and store bulbs safely away from children and pets.
- Know that there are no safe "tests" to distinguish edible plants from poisonous plants.
- Avoid using pesticides, herbicies, and insecticides



This list is intended as a starting point and there may be additional species that could be hazerdous to your children. For additional products and services visit kiddieproofers.com Source(s): Canadian Poisonous Plants Information System, the Canadian Childcare Federation

- Cyclamen - Dieffenbachia

- Holly
- Ivy
- Jerusalem Cherry
- Mistletoe
- Philodendron
- Red Umbrella Plant